

Free School meals and holiday vouchers for children

Your school aged child may be eligible for Free School Meals, which currently also entitles you to supermarket vouchers for the school holiday period. **Please speak with the school office or look at Merton Council website**

Merton Community Hub

If you need support with paying for bills or shopping, Merton Community Hub can provide a free foodbank voucher or an emergency food parcel. **Telephone 0208 066 4086.**

Merton Community Fridge

Redistributes surplus fresh food to those in need. **Please use the online contact form at <https://www.sustainablemerton.org/communityfridge> or email info@sustainablemerton.org**

Wimbledon Foodbank (Trussell Trust Network)

Emergency food support for Merton residents, with foodbanks located in Wimbledon, Mitcham, Morden and Pollards Hill. A voucher is required. Locations and opening times are listed at **www.wimbledon.foodbank.org.uk or email wimbledonfoodbank@gmail.com**

Citizens Advice Merton and Lambeth

We provide information and advice on benefits, money and debt, housing, immigration and more. Specialist advice services are also available. For more information, please visit <https://www.caml.org.uk/> or ring **Merton Adviceline 0808 278 7831** or **pop into one of our offices**

Merton Growbaby

Working through Wimbledon Foodbank to support parents with children under 5yrs old with provision of items like milk formula, wipes, nappies and toiletries. **Call 0208 544 0126** or **email mertongrowbaby@gmail.com**

Warm and Well

A partnership between Age UK Merton, Wimbledon Guild, Merton Council and Thinking Works, on how best to stay warm this winter. Can also support with transport, benefits, debt and housing queries. **Please see <https://www.wimbledonguild.co.uk/warm-well>**

For more information about any of the above resources, you can also visit Merton Council's dedicated web page:

<https://www.merton.gov.uk/communities-and-neighbourhoods/money-advice/cost-of-living>

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